



HEALTH & ILLNESS POLICY

Emergency Phone Numbers:

Fire / Police / Ambulance: 911
Maine Poison Control Center: 1-800-442-6305

Medication: All prescription medication must be prescribed by a doctor specifically for your child and must be in its original un-expired container. All medication must be accompanied by a written schedule of when and how much medication to give your child. Only Anita Grover or designated staff will dispense medication when the “Authorization to Administer Prescription and Non-Prescription Medication” form is completed by parent or guardian.

Antibiotics: A child with a contagious condition for which antibiotics have been prescribed may NOT attend daycare if he/she shows signs of illnesses as outlined below. This policy is for the benefit and protection of all children and staff.

Diarrhea: A child with diarrhea must stay (or go) home until the diarrhea has stopped and normal bowel movements have resumed.

Fever: When a child has a fever above 100 degrees orally or above 101 degrees rectally, he / she must stay home until the child has been fever-free for 24 hours. If a fever develops during the day, we will call you and you MUST pick up your child as soon as possible.

Head Lice: A child with head lice must stay home until specific treatment is completed and lice and nits in hair and clothing are absent.

Impetigo and Conjunctivitis: These are very contagious conditions and must be treated with antibiotics before the child may attend. If your child has red, runny eyes or scabby sores, I will notify you. Your child MUST be taken out of daycare until he / she has been seen by a doctor and been on medication for AT LEAST 48 hours.

Runny Nose: Generally, a clear discharge is okay, and a thick yellow-greenish discharge is a sign of a more serious infection. This is more dangerous for younger, rather than older children, and we will use our discretion about asking you to keep your child at home.

Strep Throat: A child with strep throat must not attend daycare until he / she has been on antibiotics for 24 hours and is symptom-free and feeling well.



Vomiting: A vomiting child **MUST** go home if he / she becomes ill while at daycare. He / She cannot return to daycare until vomiting has stopped for at least 24 hours.

Shot Records: You need to provide a photocopy of your child's shot records for our records. As your child has additional shots, we also need our photocopy updated. The state requires that all children enrolled in daycare have current immunizations.

Before returning to care: If you take your child to a doctor because of an illness, need a note from the doctor explaining the illness, treatment, and when your child can return to daycare. It is very important to follow these policy rules. They reflect a common respect and responsibility to protect the children from illnesses.

Authorization to Administer Prescription & Non-Prescription Medication

I authorize Back to Basics to administer the following medication (if applicable)

Child's Name _____

Name of medication _____

Amount to be given _____

Times to be given _____ (parent **MUST** give first dose)

Duration of date authorization ends _____

Special instructions for administering _____

Parent / Guardian Signature _____ Date _____